

## Reflective Leadership Informed by Reflective Living

**Reflective Leadership** emerges through the portal of **Reflective Living**. This 3-day seminar will first introduce participants to the core dispositions of Reflective Living.

As the seminar progresses these dispositions will unfold to support the principles of Reflective Leadership. Participants will receive step-by-step practical and effective ways to integrate and implement the seminar's material.

### Our Facilitator:

**George J Bilotta, Ph.D.**, of Formation Consultation Services, has advanced degrees in formation, and years of experience in psychology, systems theory, philosophy, theology, group dynamics, organizational development, and spirituality.



He has worked along with religious and clergy for twenty-five plus years. Since 2006, George has worked extensively with many religious communities in Australia in the area of human formation. He has traveled and worked in Ireland and the UK when invited. This will be George's first time in Winnipeg.

From a **Reflective Living** perspective open and helpful leadership evolves through the art and discipline of cultivating ongoing consciousness and the ability to extract wisdom from ordinary everyday life experience.

**Reflective Living** cultivates a way of being rather than just a particular mode of thinking. Reflective Living invests in the way one breathes in life; the way one sees and hears life; the way one touches, smells and tastes life; as well as the way one experiences life through the various people and events encountered throughout the day. In turn Reflective Living principles help to apply the wisdom reaped through reflecting on the day's events and experiences.



**Reflective Living** is a conscious and intentional way of living out daily life. It results in understanding how people and situations impact the self as leader, and in particular, how the leader impacts others.

Participants will reflect upon the consequence and the impact of how they participate in daily life, e.g., mindfully or automatically, harshly or gently, openheartedly or closed-heartedly, graciously or stridently, humbly or through self-interest-ego strivings, etc. It is essential for leaders to cultivate the capacity to understand



and appreciate how they are impacted throughout the day as they assume their tasks of leadership, as well as how the individual leader impacts others through his or her style of leadership. A leader's style of leading is supported by the way she or he enters into the ordinariness of daily life. This is part of the commingling of Reflective Living with **Reflective Leadership**.

### WHO IS THE SEMINAR FOR?

- Individuals who have been entrusted with *any leadership position* whether within a *religious congregation or within the pastoral arena*.
- Members working together on *committees, councils or teams*.
- It would be most helpful for new teams as they begin working together.

### Daily Schedule:

9:00am Gathering &  
Opening Session

12:00pm Lunch

2:00 Afternoon Session

5:00 Dinner

6:30-8:00 Fri Optional Informal session

7:00 Sat. (optional) Eucharist;

6:30-8:00 Sunday Final Session and Closing



### Registration: See back panel

**Commuter** \$325 (\$350 after July 1st) *includes tuition, all lunches and dinners. Arrive by 8:45am*

**Private Room** \$425 (\$450 after July 1st) *includes tuition, accommodations, breakfast, lunch, dinner daily. Residents arrive by 8am or night before (Bed & Breakfast \$40)*

## Registration for Reflective Living/ Reflective Leadership

Name/s \_\_\_\_\_

\_\_\_\_\_

Congregation/Religious Institute/Parish

\_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Please pay with cheque or *Canadian* money order.

Enclosed is (check one)

\$325 for commuter (*before* July 1st) per person

\$350 commuter (*after* July 1st) per person

\$425 private room (*before* July 1st) per person

\$450 private room (*after* July 1st) per person

Mail to : St.Benedict's Retreat Centre  
225 Masters Avenue  
Winnipeg, Manitoba R4A 2A1

### The Conference Location & Directions

St. Benedict's Monastery and Retreat & Conference Centre is located on Masters Avenue, off Hwy. 9, 3 kms. north of Perimeter Hwy. 101 which encircles the city of Winnipeg.

#### From Winnipeg By Auto

Take North Main Street, which becomes Hwy. 9 north of the Perimeter Hwy. 101. Go 3 kms. on Hwy. 9. Just after a large curve in the highway you will see our sign. Turn right onto Masters Ave. The first left drive goes to the entrance of the Retreat and Conference Centre. The second left drive goes to the entrance of the Monastery.

OR

Take the Perimeter Hwy., to the Selkirk (Hwy. 9) Exit. Go 3 kms. on Hwy. 9. Just after a large curve in the highway, you will see our sign. Turn right onto Masters Ave. The first left drive goes to the entrance of the Retreat and Conference Centre. The second left drive goes to the entrance of the Monastery.

#### From Winnipeg By Bus

At the Bus Depot, take the Beaver Bus that goes to Selkirk, MB and ask to get off at St. Benedict's. You will have a 5-7 min. walk up Masters Avenue to St. Benedict's.



*St. Benedict's  
presents...*

## Reflective Leadership *informed by* Reflective Living

A Seminar for  
*Leaders and Teams*  
*Sept. 16, 17 and 18, 2011*

*Led by*

**George Bilotta, Ph.D.**  
Formation Consultation Services  
Worcester , MA

St. Benedict's  
Retreat & Conference Centre  
225 Masters Avenue  
Winnipeg, MB, CANADA R4A 2A1  
204-339-1705; [stbenscentre@mts.net](mailto:stbenscentre@mts.net)  
[www.stbens.ca](http://www.stbens.ca)